

The Roots of Healing

A Systemic/Family Constellation Workshop with James Woerber

DATE: Sunday, April 23 @ 1 - 5:00pm

LOCATION: Foundation Yoga
140 Lomas Santa Fe, Suite 100
Solana Beach, CA 92075

COST: \$55 before 4/16/17 (\$70 after)



Would you like to experience wonderful new freedom and success in your relationships, family, finances, health or career?

- Manifest your heart's deepest desire in a way that serves your own life and the greater good in the world.
- Cultivate deep joy, abundance and well-being while bringing your passions and gifts into the world by healing old family patterns that may be limiting you.
- Open to your full potential in all areas of your life by releasing hidden entanglements and undercurrents that are at the root of lack and dysfunction.
- Gain a new awareness around your life purpose and allow love to transform your perception and illuminate your path forward. .
- Embrace the strength and love that was passed down to you from your ancestors and allow this to blossom into a new future of possibilities.
- Manifest greater financial success, fulfillment, well-being, grace and brilliance in your life!

Systemic Constellation work is a powerful healing modality that allows us to experience deep healing and insight around core issues that have not responded to other forms of healing. In a constellation we step into a living matrix wherein the relationships we've formed with ourselves, our ancestry, our current family and friends, and our future are animated, offering a valuable reflection of our souls and our life choices. During the workshop we will explore some creative applications of systemic constellations along with more traditional forms to maximize your healing experience. You will leave the workshop with valuable self-help tools and ways of applying constellations to benefit your healing process. This potent, multi-faceted work will provide you with a unique opportunity to uncover what truly serves you in your life!

James Woerber was the Co-Director for the 2015 North American Systemic Constellations Conference. He is Co-Founder of *The Art of Heartful Living*, an in-depth training program that incorporates energy healing, family/systemic constellation work, meditation, breathwork, communication skills, leadership skills, and numerous alternative therapies. The program workshops help participants find deep joy and fulfillment, apply valuable mind/body practices in their personal and professional lives, and play an active role affecting positive change in the larger community. He has been teaching various alternative therapies and human potential courses for over 20 years. In private practice for the past 25 years, he integrates energy therapy and systemic constellation work to promote deep healing and well-being for individuals, families and organizations. His in-depth training includes 6 years of hands-on energy healing training at Matrix Light Institute, 3 years of study at The School for Enlightenment and Healing, and family/systemic constellation facilitator training at Living Body and Soul, along with numerous workshops and conferences. His background also includes working in film, video, multimedia and website development as an award-winning producer, director and writer where he has fine-tuned his communication and leadership skills. James is grateful to have the opportunity to help empower others to open to greater health and well-being and root themselves more fully in their deeper soul expression.

To register or for more info please email james@artofheartfulliving.com or call 858-395-4918.